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** Denotes fully trained Aeromic service center for cable and connector repairs / replacements.
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AEROMIC PRESENTS HOW TO KEEP YOUR AEROMIC IN PEAK CONDITION

THE OFFICIAL TRAINING MANUAL
FOR GFM'S

Featuring Aero Micki
& Psycho Mike®



DESIGNED TO PERFORM... MADE TO LAST

Aeromic
AUSTRALIA





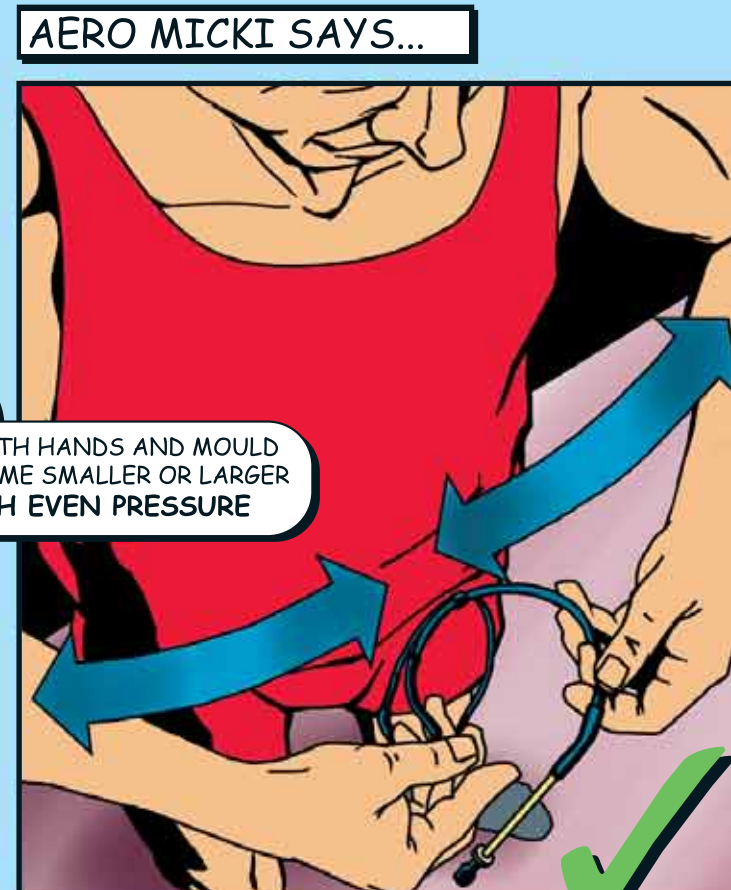
THE DIFFERENCE BETWEEN OMNI v CAROID CAPSULES



BEFORE CLASS...



POSTIONING OF THE CAPSULE...



ADJUSTING YOUR AEROMIC...

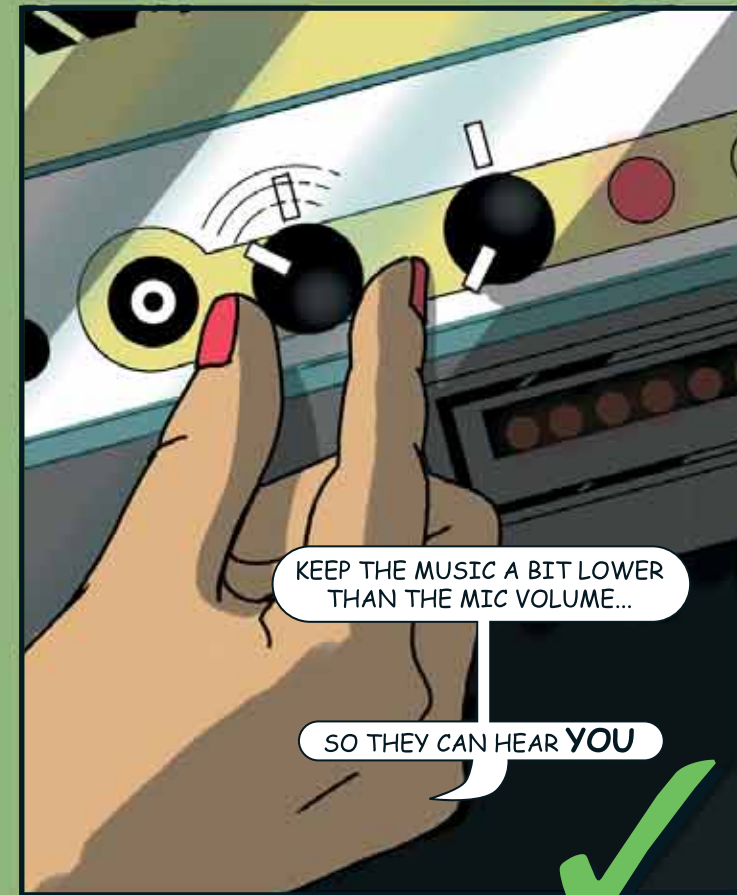
AERO MICKI SAYS...



A BIG NO NO!



DON'T BLOW INTO YOUR AEROMIC.



INSTRUCTING WITH THE AEROMIC...



WHY DOES IT SAY
"DO NOT BEND",
AERO MIKKI ?

NEVER BEND THE YELLOW STEM



...BECAUSE IT'S MADE TO WORK BEST FROM
THE SIDE OF YOUR MOUTH, MIKE.
IT'S NOT A SINGER'S MIC SO NEVER BEND IT

AND DON'T FORGET THE
AEROMIC SALUTE

IT'S ALL ABOUT SOUNDING PROFESSIONAL!



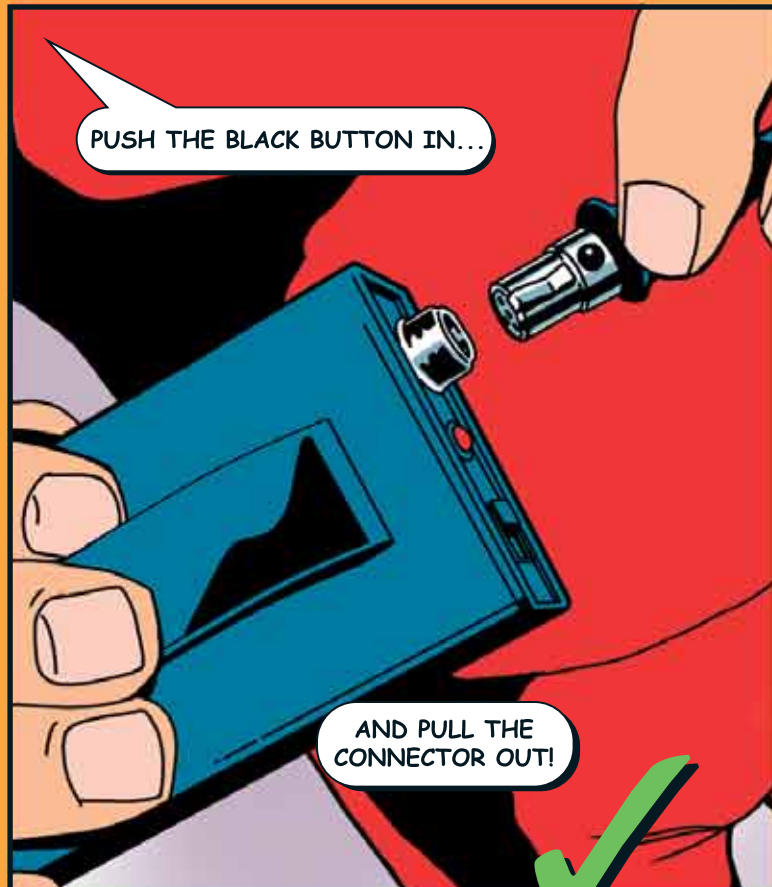
... OR YOU WILL BE
SPITTING, SNORTING AND
GRUNTING INTO IT -
WHICH SOUNDS AWFUL!!!



DON'T LET THE BLACK
TUBING SLIDE DOWN THE STEM.
IT'S THERE TO GRIP THE SKIN
ABOVE THE EARS.



KEEP IT IN GOOD SHAPE



KEEP IT CONNECTED, BUT IF YOU HAVE TO, DO IT THIS WAY... BUT DEFINITELY NOT LIKE THIS!!!



INSERTING THE BATTERY THE RIGHT WAY IS IMPORTANT



BE CAREFUL HOW YOU WIPE DOWN YOUR AEROMIC AFTER A WORKOUT



USE A SWEAT TOWEL TO DRY IT OFF



AFTER THE LAST CLASS